



March 2024

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Twitter: @SCATCs Instagram: @scatcs Facebook: South Carolina Athletic Trainers Association Hashtags: #SCATA, #NATM2024, #FromHeadToToe					1 March is National Athletic Training Month, a time to celebrate the positive impact that ATs have on work, life, and sport. #FromHeadToToe #NATM2024	2 I want to thank (tag or name a fellow AT) for making a positive impact in my life! @NATA950 @SCATCs *Make a donation in their honor to the SCATA scholarship fund and SCATA will honor them as well*
3 It is #NATM2024! We are proud to display our poster at (tag your work)! *Hang up your NATA poster and post a picture of it*	4 I am proud to be an athletic trainer and provide healthcare everywhere! #SCATA #NATM2024	5 Athletic trainers rehabilitate & recondition injuries, illnesses and general medical conditions with the goal of achieving optimal activity level using therapeutic exercises, modalities, and manual therapy. #SCATA #NATM2024	6 ATs integrate best practices in immediate and emergency care for optimal outcomes! #NATM2024	7 Athletic trainers are educated in five domains including risk reduction, wellness and health literacy, assessment, evaluation, and diagnosis, critical incident management, therapeutic intervention, and health care administration & professional responsibility. #NATM2024	8 Athletic trainers implement systematic, evidence-based examinations and assessments to formulate valid clinical diagnoses and determine patients' plan of care. #NATM2024	9 Athletic trainers must graduate from an accredited educational program and pass a comprehensive certification board exam. @nata1950 #NATM2024
10 (Take a picture with your coworkers, classmates, or preceptor and give them a shout out) #SCATA #NATM2024	11 *post a picture in your work logo and share why you are grateful to be a AT in that setting/location & tag the location* @SCATCs #NATM2024	12 Did you know that there are more than 58,000 certified athletic trainers around the world! #FromHeadToToe #NATM2024	13 Athletic trainers work in a many different settings including youth sports, high school, colleges, physician practice, rural and urban hospitals, sports medicine clinics, occupational health, public safety, military branches and performing arts! #SCATA #NATM2024	14 Athletic trainers provide emergency care for injury and illnesses such as concussion, cardiac arrest, spine injuries, heat stroke, diabetes, allergic reactions and asthma attacks. #NATM2024	15 Athletic trainers are licensed and otherwise regulated in 49 states and DC. #NATM2024 #FromHeadToToe	16 ATs integrate best practices in policy construction and implementation, documentation and basic business practices to promote optimal patient care and employee well-being. #NATM2024

17	18	19	20	21	22	23
Athletic trainers are often the first point of contact in managing mental health concerns in student-athletes. #NATM2024 #MentalHealthMatters	I am an athletic trainer! @nata1950 @SCATCs #NATM2024	Athletic trainers promote healthy behaviors through education and communication to enhance wellness and minimize the risk of illness. #NATM2024	ATs are experts in injury and illness prevention – in fact, ATs spend nearly 50% of their time providing preventative health care. #NATM2024 #SCATA	Athletic trainers must keep their knowledge and skills current by participating in continuing education. #LifeLongLearners #NATM2024	The appropriate title is athletic trainer or AT, but never trainer! #EssentialToHealthCare #NATM2024	My favorite part of being an AT is... @SCATCs *post of photo of you working*
24	25	26	27	28	29	30
More than 70% of ATs have a master's degree or higher. A Master's degree is now the minimum entry point into the profession of athletic training. @CAATEUS #NATM2024	Athletic trainers are researchers and have established best practices in sports medicine care! #NATM2024	The American Academy of Pediatrics recommends that an athletic trainer should be present at all football games and practice. #AdvocATe #NATM2024	Athletic trainers help reduce costs associated with unnecessary emergency room visits and diagnostic tests as well as rehabilitative costs before and after surgery. #NATM2024	Athletic trainers ARE health care professionals #NATM2024	I have my NPI Number! Do you? Sign up here: https://nppes.cms.hhs.gov/#/ #NATM2024	I am proud to be an athletic trainer! #SCATA #NATM2024